



Camp Solaris TOP TEN REMINDERS

Below you will find the TOP TEN things you need to know before your first day at Camp Solaris Overnight Camps. For a more detailed look at your camper's Camp Sunshine experience, please see our parent guide online!

BEFORE YOUR SESSION STARTS

Our counselors will be calling to introduce themselves to you and your camper this weekend. Don't be afraid to answer those unknown numbers! Also, please be sure to fill out our camper profile form before you arrive. Check out our parent resources section online!

PACKING LIST

PLEASE BRING: Water bottle, Closed Toed Shoes, Sunscreen / Bug Spray, Modest Clothing & Swimsuit, Backpack, Pillow & Bedding, Toiletries & Towel

DO NOT BRING: Cell Phones, Smart Watches, Electronics/Valuables, Large Amounts of Money, Knives (etc.), Peanut Products (due to allergies)

SEE A FULL LIST ONLINE!



DROP OFF / PICK UP PROCEDURE

Please stay in your car - To limit direct contact between members of different households and to adhere to social distancing recommendations, we are asking everyone other than campers stay in your car during camper drop-off. A staff member will escort your camper from your car and to their counselor!

Health care check-in - As you arrive, a staff member will ask the parent/guardian to confirm that campers do not have a fever, newly developed cough, headache, or have come in contact with someone who has a confirmed case of COVID-19 or other communicable illness. We ask that campers stay home if they are sick.

Solaris Adventures (3-night program)

Drop Off – 9:30 - 10 a.m. on Monday Morning

Pick Up - 6:30 p.m. on Thursday evening

Journey/Expedition (5-night program)

Drop Off – 6:30 - 7 p.m. on Sunday evening

Pick Up - 6:30 p.m. on Friday evening

End of Session Closure

All family members are invited to join us at Camp Solaris for an end of session dessert celebration complete with a viewing of our session highlight video!

IF YOU HAVE QUESTIONS, CONTACT THE OFFICE

Our counselors are well-trained to make camp safe and fun when your camper is on grounds and it's the office staff who are the best equipped to answer all your questions about camp!

Call the office at 402.423.8746 or email info@CampSonshineMemories.org.

CAMP STORE

Every day during the week, groups stop by The Camp Store to purchase a small treat or a refreshing ice cream. Snacks range in price from \$.50 – \$3 and other camp merchandise from \$2 – \$25! There will be free flavor ice available during group visits for those campers who did not bring any money.

We're going CASHLESS - we will only be accepting checks and payments online or over the phone.



A NOTE ABOUT SMART DEVICES & PHONES

Campers, and even group counselors, are not permitted to bring electronics to camp so that they can enjoy the complete camp experience. Parents/guardians can always get quick access to your camper through calling the office at 402.423.8746. Devices that make it to camp will be kept safely in the office.

For more information on our electronics policy, please see the Parent Guide!

CAMP SOLARIS IS PEANUT FREE

Camp Solaris is a PEANUT FREE facility. If packing snacks for campers, please make sure snacks do not contain peanuts or were packaged in a facility with peanuts. Any snacks brought containing peanuts will be gathered by staff and kept in the office until the end of the week.

SWIMMING POOL PROCEDURE

Swim Levels

RED - Not allowed to enter pool

YELLOW - May Swim but only with a life jacket

GREEN - May swim unrestricted

If you need to update your camper's swim level, you may go to your online dashboard or call the office. For more information about our swimming procedures, check out the parent guide!

Check out our Camp Solaris Parent Guide online at CampSonshineMemories.org/resources

THE MEDICATION PROCEDURE - NEW!!!

If your camper has any over-the-counter or prescription medications, you will need to login to your Online Registration Dashboard to complete the drug authorization form prior to your session.

Prescriptions need to come in their original bottle. All medications will be kept in the first aid station and given to the camper at the appropriate time. EpiPens & Rescue Inhalers must be kept with campers. If your camper has one, bring a hip pack or a bag your camper can carry with them at all times.

MEET WITH TRISHA, CONNECTIONS DIRECTOR!

Since the beginning, Camp Sonshine's heart has been for our camper families to feel that they belong to our camp family! We want a place where you are known and loved.

Now that the Camp Sonshine family is so large, we've created a new position at camp to keep you connected.

Set up a meeting today with Trisha to

- Get a tour and get to know Camp Sonshine
- Learn how you can get involved & help
- Learn about how you can invest in our giving programs (monthly giving, scholarship fund, or capital campaign).