



Camp Solaris TOP TEN REMINDERS

Below you will find the TOP TEN things you need to know before your first day at Camp Sunshine Day Camps. For a more detailed look at your camper's Camp Sunshine experience, please see our parent guide online!

BEFORE YOUR SESSION STARTS

Our counselors will be calling to introduce themselves to you and your camper this weekend. Don't be afraid to answer those unknown number.! Also, please be sure to fill out our camper profile form before you arrive. Check out our parent resources section online!

PACKING LIST

PLEASE BRING: Water bottle, Closed Toed Shoes, Sunscreen / Bug Spray, Modest Clothing & Swimsuit, Backpack, Pillow & Bedding, Toiletries & Towel

DO NOT BRING: cell phones, smart watches, electronics/valuables, large amounts of money, knives (etc.), peanut products (due to allergies)

SEE A FULL LIST ONLINE!



DROP OFF / PICK UP PROCEDURE

Please stay in your car - To limit direct contact between parents and staff members and to adhere to social distancing recommendations, we are asking everyone other than campers stay in your car while on camp grounds. A staff member will escort your camper from your car and to their counselor!

Health care check-in - When you arrive at Camp Solaris, we'll ask that parents/guardians confirm that 1) campers do not have fever, shortness of breath or cough, 2) campers have not traveled in the past 14 days, 3) campers have not come into contact with someone who has a confirmed case of COVID-19.

Solaris Adventures (3-night program)

Drop Off – 9:30 - 10 a.m. on Monday Morning

Pick Up - 6:30 p.m. on Thursday evening

Journey/Expedition (5-night program)

Drop Off – 6:30 - 7 p.m. on Sunday evening

Pick Up - 6:30 p.m. on Friday evening

End of Session Closure

All family members are invited to join us at Camp Sunshine at 9:00 p.m. on Friday night for a short drive-in highlight video with our campers as the STARS!

IF YOU HAVE QUESTIONS, CONTACT THE OFFICE

Our counselors are well-trained to make camp safe and fun when your camper is on grounds and it's the office ladies who are the best equipped to answer all your many questions about camp!

Call the office at 402.423.8746 or email info@CampSonshineMemories.org.

CAMP STORE

Every day during the week, groups stop by The Camp Store to purchase a small treat or a refreshing ice cream. Snacks range in price from \$.50 – \$3. There will be free flavor ice available during group visits for those campers who did not bring any money.

We're going CASHLESS - we will only be accepting checks and payments online or over the phone.

SWIMMING POOL PROCEDURE

Swim Levels

RED - Not allowed to enter pool

YELLOW - May Swim but only with a life jacket

GREEN - May swim unrestricted

If you need to update your camper's swim level, you may go online, go to our mobile app, or call the office. For more information about our swimming procedures, check out the parent guide!

Check out our Camp Solaris Parent Guide online at CampSonshineMemories.org/resources



THE MEDICATION PROCEDURE

If your camper has any over-the-counter or prescription medications, you will need to complete a drug authorization form. Download and fill out a paper copy and bring on Monday morning.

Prescriptions need to come in their original bottle. All medications will be kept in the first aid station and given to the camper at the appropriate time. EpiPens & Rescue Inhalers must be kept with campers. If your camper has one, bring a hip pack or a bag your camper can carry at all times.

A NOTE ABOUT SMART DEVICES & PHONES

Campers, and even group counselors, are not permitted to bring electronics to camp so that they can enjoy the complete camp experience. Parents/guardians can always get quick access to your camper through calling the office at 402.423.8746.

For more information on our electronics policy, please see the Parent Guide!

DOWNLOAD THE "CAMP SONSHINE GO!" APP

We've launched Camp Sunshine Go!, an app that is a hub for information and resources for camp families. Download the app in the Apple Store or Google Play Store!

Here's what you'll find in the app:

- Camp Sunshine & Camp Solaris Parent Guides
- Important Session Specific Updates
- Easy Access to Our Contact Information
- Calendar of Camp Events
- Early Pick Up & Swim Level Forms
- Session Videos & Assembly Songs!

Don't forget to subscribe to the sessions your family will be a part of for the quickest, important news and updates!

CAMP SOLARIS IS PEANUT FREE

Camp Solaris is a PEANUT FREE facility. If packing snacks for campers, please make sure snacks do not contain peanuts or were packaged in a facility with peanuts. Any snacks brought containing peanuts will be gathered by staff and kept in the office until the end of the week.